



SHEIKH BHIKHARI MEDICAL COLLEGE & HOSPITAL, HAZARIBAG
(Formerly called as - HAZARIBAG MEDICAL COLLEGE, HAZARIBAG.)
Ph. No. 06546-296629/ website : www.hazaribagmedicalcollege.org/
E-mail Id : [hazaribagmedicalcollege@gmail.com](mailto: hazaribagmedicalcollege@gmail.com)



Orientation Programme

Date -24/09/2026

Venue-Lecture Theatre-1

Time	Activities	Speaker
11:30 am-11:45 am	Saraswati Vandana	
11:45 am-12:00 pm	Introduction and welcome speech by Principal.	Prof. (Dr.) Sunil Kumar Verma, Principal
12:00 pm-12:15 pm	Address by Anti Ragging Convener	Prof. (Dr.) Binod Kumar, HOD, Pathology
12:15 pm-12:30 pm	Vision, Mission of the institute.	Dr. Dhananjay Kumar, MEU Coordinator
12:30 pm-12:40 pm	Hostel Rules & Regulation	Dr. Chandramani Kumar, Chief Warden
12:40 pm-01:00 pm	Parent /Guardian meeting	All teachers

Note- All faculties are cordially invited for the Orientation Programme.

[Signature]
19/09/26

Incharge
Student section
SBMC, Hazaribag

[Signature]
19/09/26
Principal
Sheikh Bikhari Medical College,
Hazaribag

Foundation Course Time Table for 2026-27 MBBS Batch (24.09.2026 to 08.10.2026)

Date: -24/09/2026 (Thursday)

Time	Activities	Speaker
11:30 am-11:45am	Saraswati Vandana	
11:45 am-12:00 pm	Introduction and welcome speech by Principal.	Principal Sir
12:00 pm-12:15 pm	Address by Anti Ragging Convener	Prof. (Dr.) Binod Kumar, HOD, Pathology
12:15 pm-12:30 pm	Vision, Mission of the institute.	Dr. Dhananjay Kumar, MEU Coordinator
12:30 pm-12:40 pm	Hostel Rules & Regulation	Dr. Chandramani Kumar
12:40pm- 01:00 pm	Parent /Guardian meeting	All teachers

Date: -25/09/2026 (Friday)

Time	Topic/ Activities	Dept. / Faculty/ Co-ordinator
9:00 am-10:00 am	Yoga Activity	Dr. Vikash Kumar, SR, Physiology (8670658864)
10: 00 am-1:00 pm	Visit to Anatomy, Physiology & Biochemistry Department	Concerned faculties
1:00 pm-2:00 pm	Lunch	
2:00 pm-3:00 pm	Visit to Central Library	Dr. Shreyasi Chaitali Ekka, SR, Physiology (7631015469)
3:00 pm-5:00 pm	Sports	Dr. Santosh Kumar, AP, Anatomy (9110148887)

Date: -26/09/2026 (Saturday)

Time	Topic/ Activities	Dept. / Faculty/ Co-ordinator
9:00 am-10:00 am	Yoga	Dr. Sunita , SR, Anatomy (7368061796)
10: 00 am-1:00 pm	Visit to Pathology, Microbiology & Pharmacology Department	Concerned faculties
1:00 pm-2:00 pm	Lunch	
2:00 pm-3:00 pm	Visit to FMT & Community Medicine	Concerned faculties
3:00 pm-4:00 pm	History of Medicine and Alternate system (IC)	Community Medicine
4:00 pm-5:00 pm	Sports	Dr. Rajiv Kumar Mahli, Associate Prof. , Biochemistry (7004568308)

Date: -28/09/2026 (Monday)

Time	Topic/ Activities	Dept./ Faculty/ Co-ordinator
9:00 am-10:00 am	Yoga	Dr. Priyanka, SR, Anatomy (8084714940)
10: 00 am-1:00 pm	Universal precaution	Community Medicine
11:00 am-12:00 pm	Interactive practical demonstration Hand Washing, Gloving , de-gloving & Needle stick	Dr. Radha Kumari, SR, Microbiology (8092000450)
12:00 pm-1: 00 pm	Biomedical waste management	Dr. Binita Gupta, SR Microbiology (8986641018)
1:00 pm-2:00 pm	Lunch	
2:00 pm-5:00 pm	Computer skills training	Community Medicine

Date: -29/09/2026 (Tuesday)

Time	Topic/ Activities	Dept / Faculty/ Co-ordinator
9:00 am-10:00 am	Yoga	Dr. Akriti Dhan, SR, Anatomy (9835162263)
10: 00 am-1:00 pm	Visit to Immunization clinic & Immunization schedule	Community Medicine
1;00 pm-2:00 pm	Lunch	
2:00 pm-5:00 pm	Sports	Dr. Sumit Ranjan, SR, Physiology (9334518878)

Date: -30/09/2026 (Wednesday)

Time	Topic/ Activities	Dept / Faculty/ Co-ordinator
9:00 am-10:00 am	Yoga	Dr. Rebecca , SR, Biochemistry (7541813777)
10: 00 am-1:00 pm	Visit to Hospital	Dr. Santosh Kumar, AP, Anatomy (9110148887)/ Dr. Pramod Kumar Bernwal, SR, FMT (8084603238)
1:00 pm-2:00 pm	Lunch	
2:00 pm-3:00 pm	Stress management	Dr. Rajshri , Associate Prof. , Psychaitry (7070469697)
3:00 pm-4:00 pm	Basic life support	Dr. Nilashsish Dey, Asstt. Prof., Medicine
4:00 pm-5:00 pm	Sports	Dr. Sreedev S Mabin, SR, Pathology (9526779492)

Date: -01/10/2026 (Thursday)

Time	Topic/ Activities	Dept / Faculty/ Co-ordinator
9:00 am-10:00 am	Yoga	Dr. Mamta Kumari , SR, Anatomy (9504003391)
10: 00 am-11:00 am	Gender sensitization	Dr. Shilpa Kumari, AP, Gynae & OBS (8809498746)
11:00 am-1:00 pm	Doctor patients relationship (Role pay)	All Teachers
1:00 pm-2:00 pm	Lunch	
2:00 pm-3:00 pm	Ethics & Professionalism	Dr. Ravindra kumar, SR, Pharmacalogy (7544979997)
3:00 pm-5:00 pm	Sports	Dr. Jyoti Kumar , SR, Pathology (9830560547)

Date: -03/10/2026 (Saturday)

Time	Topic/ Activities	Dept / Faculty/ Co-ordinator
9:00 am-10:00 am	Yoga	Dr. Tripti, SR, Pathology (8114362335)
10: 00 am-11:00 am	IMG roles & responsibilities of a Doctor	Dr. Binod Kumar, Professor, Pathology (8210609305)
11:00 am-1:00 pm	AETCOM Module	Dr. Shreyasi , SR, Physiology (7631015469)
1:00 pm-2:00 pm	Lunch	
2:00 pm-3:00 pm	Research Methodology	Community Medicine
3:00 pm-5:00 pm	Sports	Dr. Venkatesh, SR, PSM (8072038504)

Date: -05/10/2026 (Monday)

Time	Topic/ Activities	Dept / Faculty/ Co-ordinator
9:00 am-10:00 am	Yoga	Dr. Shipa Akanchha Kujur, SR, Pathology (9546673201)
10: 00 am-11:00 am	AETCOM / SDL	Anatomy (Akriti Dhan) SR, Anatomy (9835162263)
11:00 am-1:00 pm	Interpersonal communication skill	Dr. Rajshree, Associate Prof. , Psychaitry (7070469697)
1:00 pm-2:00 pm	Lunch	
2:00 pm-3:00 pm	Local Language	Dr. Rajiv Mahli, Associate Prof, Biochemistry (7004568308)
3:00 pm-5:00 pm	Sports	Dr. Ravindra Kumar, SR, Pharmacalogy (7544979997)

Date: -06/10/2026 (Tuesday)

Time	Topic/ Activities	Dept / Faculty/ Co-ordinator
9:00 am-10:00 am	Yoga	Dr.Garima, SR, Pathology (8235107897)
10: 00 am-11:00 am	AETCOM/SDL	Dr. Vikash kumar,SR,Physiology (8670658864)
11:00 am-1:00 pm	Visit to blood bank (1-50)	Dr. Mary Pushpa Murmu, SR,Dept. Of Pathology, (9199057759)
1:00 pm-2:00 pm	Lunch	
2:00 pm-3:00 pm	Visit to blood bank(51-100)	Dr. Mary Pushpa Murmu, SR,Dept. Of Pathology (9199057759)
3:00 pm-5:00 pm	Sports	Dr. Manish Sinha , SR, FMT,(8292034048)

Date: -07/10/2026 (Wednesday)

Time	Topic/ Activities	Dept / Faculty/ Co-ordinator
9:00 am-10:00 am	Yoga	Dr. Shailesh, SR, PSM, (8809972853)
10: 00 am-11:00 am	FAP Introduction	Community Medicine
11:00 am-1:00 pm	AETCOM	Dr. Rebecca Kachhap, SR,Biochemistry (7541813777)
1:00 pm-2:00 pm	Lunch	
2:00 pm-3:00 pm	National Health Programme & Policies	Community Medicine
3:00 pm-5:00 pm	Sports	Dr. Vinita Baxla, SR, Microbiology (9905103859)

Date: -08/10/2026 (Thursday)

Time	Topic/ Activities	Dept / Faculty/ Co-ordinator
11:00 am-12:00 pm	Oath and white coat ceremony	All Teachers
12:00 pm-1:00 pm	Introduction to Mentor-Mentee Programme	All Teachers

Note:- All students of batch 2026-27 are instructed to come with white coat for white coat Ceremony & Yoga mat for Yoga Session.

[Signature]
19/09/26

Incharge
Student section
SBMC,Hazaribag

[Signature]
19/09/26
Principal
Sheikh Bhikhari Medical College,
Hazaribag
[Signature]
19/09/26